

Duanwu Story Starter

Use Chinese mythology to talk about courage, persistence, water, memory, and community before the festival.

I. Festival Warmup

- What do people remember or honor during a festival?
- Why might a boat race, a drumbeat, or water become part of a tradition?
- What values can a holiday help a family or community practice?

2. Pick A Myth Figure

Jingwei persistence after loss

Hou Yi courage and restraint

Nuwa repairing what breaks

Pangu creating space for the world

Shennong learning through service

3. One Small Discussion

The myth figure I chose is:

This story connects to Dragon Boat Festival because:

Teacher / parent note: pair this starter with an age-appropriate explanation of Duanwu, then use the prompts to discuss courage, persistence, repair, service, and community memory.

Build A Festival Myth Card

Choose one idea from the story starter, then turn it into a card, display note, or read-aloud conversation.

My Festival Myth Card

My myth figure:

A symbol from the story:

One value this story can teach:

One question I still have:

Sketch Box

Draw a dragon boat, wave, bird, sun, mountain, herb, or another symbol from the myth.



Continue With Pocket Myths

Free sampler: freesampler.vercel.app/dragon-boat-festival-activities-for-kids.html

Storybook Starter Bundle:

pocketmyths.gumroad.com/l/chinese-mythology-storybook-bundle-kids

Classroom Activity Pack:

pocketmyths.gumroad.com/l/chinese-mythology-classroom-activity-pack